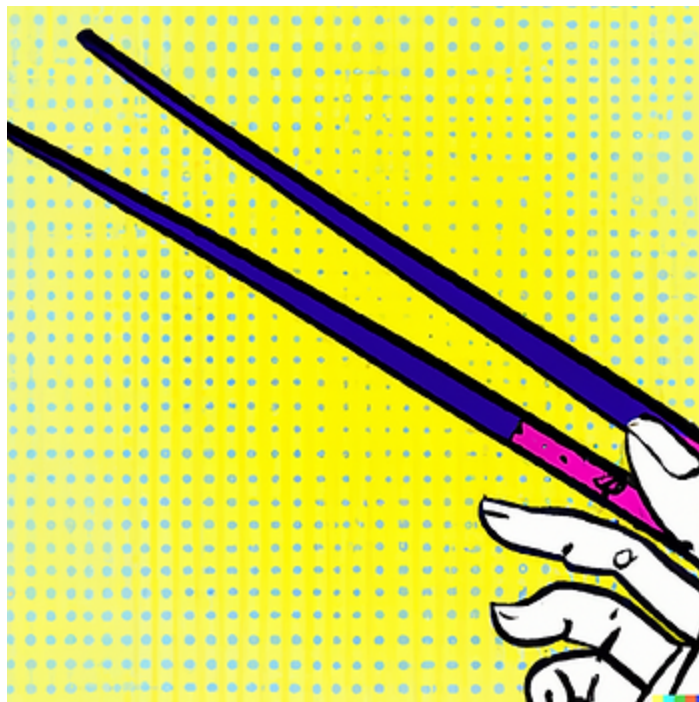


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# 10 Self Defense Tools You Can Legally Carry In Canada



Whether you're walking home late at night or going for a jog in an unfamiliar area, you might be tempted to equip yourself with a self-defense tool just in case.

The issue? In Canada, for the average citizen, you are not allowed to carry *any tool* for the purposes of self-defense. But - and there is a "but" - if you are carrying a tool (like a safety keychain) for the purposes of something *else*, and happen to get into an altercation and use it as a weapon of opportunity, then you are within the confines of the law.

Let's explore the **best self-defense tools in Canada** that are not only legal but effective for keeping you safe.

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### **What Can We Carry In Canada To Feel Safe? Intent Matters**

Think of a baseball, a metal water bottle or another heavy item like a skateboard that you are carrying around.

If you're carrying a baseball on your way home from a game, and use the bat as a weapon of opportunity against an attacker, then you're OK since you had the bat with you for the purpose of a baseball game.

## **10 Self Defense Tools You Can Carry In Canada**

### **1. Dog Spray**

In Canada, carrying pepper spray is illegal for use against humans. However, you *can* carry dog spray to use against dogs, wildlife and (ahem) animals.

Dog and coyote spray comes in a small canister that has a key ring attachment so you place it on your keychain or bag. You can read our full guide on whether you can use bear spray for self defense in Canada [here](#).



## SABRE Dog & Coyote Attack Spray



## SABRE Max Strength Dog Spray

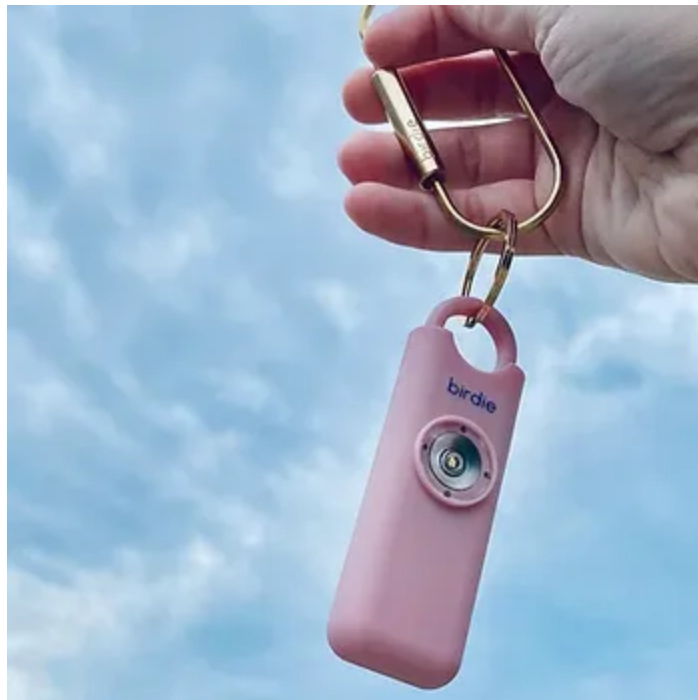


## SABRE Dog & Coyote Spray

### **2. Personal Safety Alarms**

Personal alarms emit an extremely loud noise to draw attention to your situation and deter and disorient attackers. They're perfect for joggers, elders, teenagers, women, night workers or anyone that thinks they may find themselves in a vulnerable position at some point.

Just pull the pin out and a very loud 125 decibel sound and flashing strobe light will emit from it so that everyone knows you're in danger. These small objects can easily be thrown into a bag or pocket. We'd recommend the following personal safety alarms:



### **She's Birdie**



**Thopeb Siren Keychain**



**Vantamo Personal Alarm**



## **Emergency Personal Alarm**

### **3. Security Umbrellas**

A security umbrella looks and functions like a regular umbrella, and provides an element of surprise in a threatening situation. Since its built with a heavy frame and steel tip, a security umbrella can deliver a strong defensive strike.



### **City Safe Self Defense Umbrella**



### **Round Hook Umbrella**

#### **4. Diversion Water Bottle**

With its clever hidden compartment, this stainless-steel bottle is your stealthy sidekick for stashing cash, cards, keys and those little treasures you don't want the world to find. And here's the kicker: it's a fully functional water bottle *and* can be used as a defense tool if it's filled with ice. **[Check prices on Amazon.](#)**



### **Stash-It Diversion Water Bottle**

## **5. Self-defense keychains**

Self-defense keychains are small, portable tools that can be used for striking an attacker or for making noise to attract attention. The legality of self-defense keychains in Canada is a somewhat complicated issue.

To put it simply: carrying this tool solely for self-defense purposes is illegal because you are considered as carrying a prohibited weapon under Canadian law. *However*, keychains are legal to possess if they are primarily intended for another purpose (such as for carrying your keys).

If the keychain just *happens* to have a self-defense function on them that you used as an opportunity during an attack, your defense may stand up in court (if it ever comes to that).



**10 Piece Self-Defense Keychain**



**Self-Defense Keychain**

## **6. Tactical Flashlights**

Your every day flashlight can be used as self-defense tool by shining it in an attacker's eyes to blind and disorient them. Flashlights are of course legal to carry in Canada, unlike many other self-defense tools. This means that you can have one on hand at all times in your bag without worrying about breaking the law.



### **Rechargeable Flashlight**



### Lumens Flashlight

#### **7. Tactical Pen**

If you're trapped in a car, you can break glass with a Tactical Pen (otherwise known as a windshield breaker). But it's illegal to carry this if you intend to use it as a weapon in Canada, so remember - you will only be carrying this on your person because it's a **pen**.

This small, handheld tool often features a sharp or pointed tip for breaking glass. The tip is sharp enough so that you can also be used for self-defense too.

Whatever you buy, just make sure it's a pen that you can also use to jab at an enemy or use the end tip to smash windows and deliver a crushing blow. [Read my full guide on the 10 best tactical pens here.](#)



**Most Loaded 3-In-1 Tactical Pen**



**Smith & Wesson Tactical Pen**

**8. Apple AirTag**

While the primary function of Apple's AirTag is to keep tabs on our belongings, it can also help your personal safety. By placing an AirTag in your bag or on your keychain, you create an invisible tether between you and your friends and family. Your loved ones can use the Find My app, and easily check in on your location during your evening commute or jog.



### **Apple AirTag**

## **9. GPS Watch**

GPS watches are your guardian angel. A fusion of fitness and protection, they're the jogger's trusted companion as they track your location real-time.



**Fitbit Versa 4 Fitness Smart Watch**



## Fitbit Charge 6 Advanced Health & Fitness Tracker

### **10. Safety whistles**

Safety whistles are simple and effective protective self-defense tools that can be used to attract attention and deter attackers. They're perfectly legal in Canada and you can hang this whistle around your neck or leave it in a handbag or pocket.



### **Titanium Emergency Whistle**

## **FAQ**

### **Can you carry pepper spray for self-defense in Canada?**

No, pepper spray is prohibited for use against humans. However, you can legally carry dog or bear spray for protection against wildlife.

### **What are legal self-defense tools in Canada?**

While you can't technically carry anything for the purpose of self defense against another human, if you're carrying pepper spray in for wildlife, you have a pass. Legal self-defense tools in Canada include items like personal alarms, security umbrellas and tactical pens, provided they are carried for purposes other than self-defense.

***Related articles:***

*5 Best Tactical Flashlights For Self-Defense*

*10 Best Self-Defense Gifts For Her*

*Can I Carry A Knife in Canada?*

*How to Secure Your Sliding Glass Door: 5 Ways*